



Your wellbeing at home



The NEW ZEALAND CENTRE for
Sustainable Cities
Te pokapū rōnaki tāone-nui



UNIVERSITY
of
OTAGO
Te Whare Wānanga o Ōtago
NEW ZEALAND

Kia ora. Tēnā koe i tō rata mai ki tēnei kaupapa. Tēnā, āta pānuitia ēnei whakamārama i mua i tō whakatau mēnā rānei ka whai wāhi mai.

He aha te take o tēnei rangahau?

Ko mātou te tīma rangahau Aotearoa Te Pokapū Rōnaki Tāone Toitū o Aotearoa (New Zealand Centre for Sustainable Cities) ki Te Whare Wānanga o Ōtāgo ki Pōneke. E rangahau tahi ana mātou me ngā whakarato whare e whitu ki te kimi i te pānga o ngā kāinga, ngā pātata me ngā hāpori ki te oranga o te hunga e noho ana ki reira. Kei te pīrangī mātou ki te whakapai ake i te oranga mā te mārama ake ki te hononga o ngā kāinga, ngā pātata me ngā hāpori e tūhauora ake ai te tangata me te taiao.

Kei te hia rongō mātou i a wai?

E tono ana mātou i ngā kainoho a ngā whakarato whare e whitu puta noa i Aotearoa hei āwhina i tā mātou rangahau. Kua tukuna e tō whakarato whare ngā tono ki tētahi i tō whare, neke atu i te 18 tau te pakeke, ā, i te nuinga o te wā kei taua wāhi noho e noho ana. Kei a koe te tikanga mēnā rānei ka whai wāhi koe ki tēnei rangahau – kāore he pānga o tō whakatau ki tō kirimana ā-whare.

Me aha ahau?

Tēnā, pānuitia ēnei whakamārama, ā, me whakakī i te pepa o roto, ka whakahokia mai ai ki a mātou, ki Te Whare Wānanga o Ōtāgo mā te kōpaki kua utua kētia. Me whakakī rānei i te patapātai mā te ipurangi me te whakamahi i te nama tūmau kei te reta . Mēnā koe kei te pīrangī kōrero ki tētahi, me waea mai ki tō mātou tīma rangahau mā 0800 791 816, ka whakaoti ai i te patapātai mā te waea.

Tōna 45 mīniti hei whakaoti i te patapātai. He pātai kei roto e pā ana ki tō oranga, te whai whare, te pūngao me ngā waka, te hauora, te hāpori, ā, ō uaratanga me tō ahurea. I te mutunga o te patapātai, kei a koe te tikanga ki te whiwhi rānei i tētahi kārikoha hokomaha \$25 (māu e kōwhiri: Countdown; Pak'nSave' New World rānei) hei mihi i a koe. Ka tukuna tō kārikoha mā te poutāpeta hei te taenga mai o tō patapātai kua oti te whakakī mai. Kotahi anake te whakautu patapātai ka whakaaetia e mātou, ā, kotahi anake te kāri koha ki ia whare, nā reira kia kotahi noa iho te whakakītanga mai o te patapātai nei.

Me kua koe e kōhuki, e manawarau rānei i tō whai wāhi ki tēnei patapātai. Kei te pai mēnā ka mahue ētahi pātai kāore i te pīrangī whakautu. E āhei ana te puta i te rangahau mā te whakapā mai ki te tīma rangahau tae rā anō ki te Akuhata 2022.

He aha ngā raraunga, ngā kōrero rānei ka kohia, ā, hei aha?

Ko ngā raraunga ka kohia ka āta puritia hei tiroiro mā te tīma rangahau anake, ka mutu, ka 5 tau te roa e puritia ai. E kore e whakamahia ngā kōrero ka tohu i a koe i roto i ngā pūrongo o tēnei patapātai, ā, mutu ana te kaupapa kua whakakorea ngā kōrero whaiaro katoa.

Kei te hia mahi mātou i ētahi atu rangahau kia noho tahi ai ki ngā putanga o tēnei patapātai e whānui ake ai te titiro ki te pānga o te whai whare me ngā hāpori ki te oranga. Ka pātai mātou ki a koe mēnā e pai ana rānei tā mātou whakapā atu ki a koe kia whai wāhi ai koe ki ētahi atu kaupapa rangahau i te mutunga o te patapātai.

Me he pātai āku?

Me he pātai āu mō te rangahau nei, tēnā, me whakapā ki a: Kate Murphy, Department of Public Health, University of Otago, Wellington Īmēra: sustainablecities@otago.ac.nz

Kua kite ahau i ngā whakamārama mō tēnei rangahau, ā, e mārama ana ki ahau. Kāore aku pātai hei pātai māku i mua i taku whakakī i tēnei patapātai. E mārama ana ahau ki taku āhei tono whakamārama atu anō e pā ana ki te kaupapa. E mōhio ana ahau:

1. Nāku tonu te whakatau kia whai wāhi ki te patapātai; E pai ana taku puta i te patapātai tae noa ki te Akuhata 2022;
2. Ka whakangarohia ngā kōrero whaiaro i te mutunga o te rangahau, engari ka āta puritia ngā raraunga ā-pepa i mana ai ngā putanga patapātai mō te rima tau;
3. E āhei ana ahau te tono i tētahi koha \$25 ki te hokomaha hei mihi i taku āwhina;
4. Ka wātea ngā putanga o te rangahau i te ipurangi, ā, i Te Whare Pukapuka o Te Whare Wānanga o Ōtāgo (Dunedin, Aotearoa) engari ka tino ngana ki te tiaki i tō munatanga. E kore rawa atu taku ingoa e whakaputaina tūmatanuitia.

E whakaae ana ahau kia whai wāhi atu ki tēnei rangahau.

Mā te whakautu tonu i ngā pātai o te patapātai, e tohu ana tērā i taku whakaae, me te aha, e whakaae ana kia whai wāhi ahau ki tēnei kaupapa.

Your wellbeing at home

Kia ora. Thank you for showing an interest in this project. Please read this information carefully before deciding whether or not to participate.

Why are we doing this study?

We are inviting tenants of seven housing providers across New Zealand to help with our research. Your housing provider has sent our invitations to one person from your household who is 18 or over and usually lives at this address. It is up to you to decide if you would like to take part in this research - choosing not to participate has no impact on your tenancy agreement.

What do I need to do?

Please read this information and fill out the paper copy enclosed and return it to us at the University of Otago in the pre-paid envelope provided. Or you can complete the survey online, using the ID code . If you want to speak to someone you can call our research team on **0800 791 816** and complete the survey over the phone.

The survey will take around 45 minutes to complete. The survey has questions about your wellbeing, housing, energy and transport, health, community, and your values and culture.

At the end of the survey you have the option of receiving a \$25 supermarket gift card (your choice: Countdown; Pak'nSave; or New World) to thank you for your time. We will mail the gift card to you when we receive your completed survey. We can only accept one survey response and send one gift card per household, so you only need to do the survey once.

We don't expect any stress or discomfort from participating in this survey. You may skip any questions that you do not want to answer. You may withdraw from the research by contacting our research team until August 2022.

What data or information will be collected and how will it be used?

The data collected will be securely stored so that only the research team will be able to gain access to it and we will keep it for at least 5 years. No material that could personally identify you will be used in any reports of this survey and once the project is completed any personal information will be deleted.

We would like to undertake other research to put together with the results from this survey to get a broader picture of how housing and communities affect wellbeing. We will ask if we can contact you to ask about participating in other research projects at the end of the survey.

What if I have questions?

If you have any questions about our research, please feel free to contact: Kate Murphy, Department of Public Health, University of Otago (sustainablecities@otago.ac.nz).

This study has been approved by the University of Otago Human Ethics Committee. If you have any concerns about the ethical conduct of the research you may contact the Committee through the Human Ethics Committee Administrator (ph **+643 479 8256** or email gary.witte@otago.ac.nz). Any issues you raise will be treated in confidence and investigated and you will be informed of the outcome.

I have seen the information concerning this research and understand what it is about. I have no questions I need to ask before filling out this survey. I understand that I can ask for more information about the project. I know that:

1. My participation in the survey is entirely voluntary;
2. I am free to withdraw from the survey at any time until August 2022;
3. Personal identifying information will be destroyed at the end of the research, but any raw survey data that the results depend on will be kept securely for at least five years;
4. I can opt to receive a \$25 supermarket voucher to thank me for my help;
5. The research results will be available online and in the University of Otago Library (Dunedin, New Zealand) but every attempt will be made to preserve my anonymity. My name will never be made public.

I agree to take part in this research.

By continuing to the survey questions I am indicating that I give my consent and agree to take part in this project.

Our first questions check that you are eligible to complete the survey:

- 1 Do you usually live at this address?
☐ Yes
☐ No
☐ Prefer not to say
- 2 What is your age?
☐ 18-24 years
☐ 25-34 years
☐ 35-44 years
☐ 45-54 years
☐ 55-64 years
☐ 65-74 years
☐ 75 years or over

Our first questions are about your personal views and opinions.

- 3 First of all, we would like to ask a very general question about your life as a whole these days. This includes all areas of your life.

On a scale of 0 - 10, where 0 is completely dissatisfied, and 10 is completely satisfied, how do you feel about your life as a whole?
☐ 0 Completely dissatisfied
☐ 1
☐ 2
☐ 3
☐ 4
☐ 5
☐ 6
☐ 7
☐ 8
☐ 9
☐ 10 Completely Satisfied
- 4 Some people feel that they have complete control over their lives, while other people feel that what they do has no real effect on what happens to them.

Where zero is no control at all and ten is complete control, how much control do you feel you have over the way your life turns out?
☐ 0 No control at all
☐ 1
☐ 2
☐ 3
☐ 4
☐ 5
☐ 6
☐ 7
☐ 8
☐ 9
☐ 10 Complete control

The next set of questions is about your house.

- 5 How would you describe the condition of your dwelling? Is it...
☐ Excellent - No immediate repair and maintenance needed
☐ Good - Minor maintenance needed
☐ Average - Some repair and maintenance needed
☐ Poor - Immediate repair and maintenance needed
☐ Very poor - Extensive and immediate repair and maintenance needed
- 6 In winter, is your house or flat colder than you would like?
☐ Yes - always
☐ Yes - often
☐ Yes - sometimes
☐ No
☐ Have not spent a winter living in this house or flat



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-
- 7 Can you see mould in any part of this dwelling, that in total, is larger than an A4 sheet of paper?
- Mould (mildew) may grow on the walls, ceiling, floor, doors, window frames, curtains or blinds.
- Mould can be black, white, green, brown, red, etc.
- An A4 sheet is the size of the survey invitation letter.
- ☐ Yes - always
☐ Yes - sometimes
☐ No
☐ Don't know
-
- 8 Would you say this house or flat is always damp, sometimes damp or not damp at all?
- A damp house or flat may feel or smell damp, or have damp patches on the walls, ceiling, floor, or window frames.
- ☐ Yes - always
☐ Yes - sometimes
☐ No
-
- 9 Which types of heating are used most often in this dwelling?
- ☐ Heat pump
☐ Electric heater (including bar, panel, oil-filled, or fan)
☐ Fixed gas heater
☐ Portable gas heater
☐ Wood burner
☐ Pellet burner
☐ Coal fire
☐ Don't know
☐ None
-
- 10 In winter, does your house or flat get cold enough that you can see your breath?
- ☐ Yes
☐ No
☐ I have not spent a winter living in this house or flat
-
- 11 In winter, does your house or flat get cold enough that you shiver indoors?
- ☐ Yes
☐ No
☐ I have not spent a winter living in this house or flat
-
- 12 Do you feel your house is too warm in the summer?
- ☐ Yes, always
☐ Yes, often
☐ Yes, sometimes
☐ No, Never
☐ I have not spent a summer living in this house or flat
-
- 13 How do you feel when visitors come to your house?
- ☐ I try to avoid having visitors because of the state or condition of my house
☐ I feel a little shy about the state or condition of my house
☐ I feel ok about the house and having visitors here
☐ I'm pleased to have visitors and don't feel shy about my house
☐ I'm proud of my house and feel happy to have people visit

- 14 How much do you agree that the type of home you live in suits your needs and the needs of others in your household?
- ☐ Strongly agree
☐ Agree
☐ Neither agree nor disagree
☐ Disagree
☐ Strongly disagree
- 15 How much do you agree or disagree that the general area or neighbourhood your home is in suits your needs and the needs of others in your household?
- ☐ Strongly agree
☐ Agree
☐ Neither agree nor disagree
☐ Disagree
☐ Strongly disagree
- 16 How long have you lived in this home?
- ☐ Less than 1 year
☐ More than 1 year. Number of years: _____

The following questions are about your health:

These questions are about difficulties you may have doing certain activities because of a health problem. Do you have difficulty with any of the following:

- | | No difficulty | Some difficulty | A lot of difficulty | Cannot do at all |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| 17 Seeing, even if wearing glasses? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 18 Hearing, even if using a hearing aid? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19 Walking or climbing steps? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 20 Remembering or concentrating? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 21 Washing all over or dressing? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22 Communicating using your usual language, for example understanding or being understood by others? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Please indicate for each of the five statements which is closest to how you have been feeling over the last two weeks. Over the last two weeks...

- | | All of the time | Most of the time | More than half of the time | Less than half of the time | Some of the time | At no time |
|--|-----------------------|-----------------------|----------------------------|----------------------------|-----------------------|-----------------------|
| 23 I have felt cheerful and in good spirits? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 24 I have felt calm and relaxed? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 25 I have felt active and vigorous? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 26 I woke up feeling fresh and rested? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 27 My daily life has been filled with things that interest me? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

- 28 In general, would you say your health is excellent, very good, good, fair, or poor?
- ☐ Excellent
☐ Very good
☐ Good
☐ Fair
☐ Poor

- 29 Does anyone in the household suffer from long-term illness that requires extra energy use (like extra heating, or laundry, or medical equipment such as dialysis)?
- ☐ Yes
☐ No
☐ Don't know

**The following questions are about your sense of belonging to different groups.
Some people have a strong sense of belonging to different groups and others may not.**

On the scale of 0 to 10, where 0 means no sense of belonging and 10 means a very strong sense of belonging, how would you describe your sense of belonging to...

- | | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 30 Your family or whānau | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 31 Your neighbourhood | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 32 New Zealand as a whole | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

These next questions are about your sense of belonging to different groups and your community

- 33 Thinking now about the social networks and groups you may be part of, do you belong to the following?
- ☐ Faith based group / church community
☐ Cultural group (e.g. kapa haka, Samoan group, Somalian group)
☐ Marae / hapū / iwi participation (e.g. Land Trust)
☐ Neighbourhood group (e.g. residents' association, play groups)
☐ Clubs and societies (e.g. sports clubs, poetry groups, book club)
☐ Volunteer / charity group (e.g. SPCA, Hospice, environmental group)
☐ Parental networks (e.g. school, pre-school)
☐ Professional / work networks (e.g. network of colleagues or professional association)
☐ Online social network (to interact with friends and family) such as WhatsApp, Facebook, Messenger, WeChat, or Instagram
☐ Online community with a shared interest (e.g. yoga, parenting, sport and activity or health issue)
☐ Other social network or group (please specify): _____
☐ None of the above

- 34 People who have contact with family and friends can still feel lonely sometimes, while those who have little contact may not feel lonely at all.
- In the last four weeks, how much of the time have you felt lonely?
- ☐ None of the time
☐ A little of the time
☐ Some of the time
☐ Most of the time
☐ All of the time



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- 35 Imagine you were away and needed help with things like collecting mail, looking after pets, or checking your home.
How easy or hard would it be to find someone to help?
- ☐ Very easy
☐ Easy
☐ Sometimes easy, sometimes hard
☐ Hard
☐ Very hard
- 36 Suppose you urgently needed a place to stay. How easy or hard would it be to ask someone you know to stay with them?
- ☐ Very easy
☐ Easy
☐ Sometimes easy, sometimes hard
☐ Hard
☐ Very hard

Our next questions are about how you get to places around your community:

- 37 From where you live, how easy or difficult is it for you to get to a public park or green space?
- ☐ Very easy
☐ Easy
☐ Neither easy nor difficult
☐ Difficult
☐ Very difficult
- 38 How satisfied are you with the area where you live in terms of being able to travel to work, schools, shopping, etc?
- ☐ 0 Completely dissatisfied
☐ 1
☐ 2
☐ 3
☐ 4
☐ 5
☐ 6
☐ 7
☐ 8
☐ 9
☐ 10 Completely Satisfied

Thinking about how public transport usually runs in your local area (not including the times it has been impacted by COVID-19), do you agree or disagree with the following:

Public transport is...

	Strongly disagree	Disagree	Neither	Agree	Strongly agree
39 Affordable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40 Safe	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
41 Easy to get to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42 Frequent (comes often)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43 Reliable (comes on time)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



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Our next questions are about culture and spirituality:

- 44 Thinking about your life as a whole, how important is it for you to be involved in things to do with Māori culture?
- ☐ Very important
☐ Quite important
☐ Somewhat important
☐ A little important
☐ Not at all important
-
- 45 The next questions are about time spent on marae. These marae might include ancestral, urban, or any other marae or place that functions as a marae.
- Have you ever been to a marae?
- ☐ Yes
☐ No
-
- 46 If you have visited a marae, how many times have you been to a marae in the last 12 months?
- ☐ I haven't in the last year
☐ Once
☐ Twice
☐ 3 to 5 times
☐ 6 to 10 times
☐ 11 to 20 times
☐ More than 20 times
-
- 47 In the last four weeks, did you provide any help without pay for a school, church, sports club, marae, hapu, iwi or any other group or organisation?
- ☐ Yes
☐ No
☐ Prefer not to say
-
- 48 How important is spirituality in your life?
- ☐ Very important
☐ Quite important
☐ Somewhat important
☐ A little important
☐ Not at all important
-
- 49 How often do you attend religious worship services?
- ☐ at least once a week
☐ at least once a fortnight
☐ at least once a month
☐ several times a year
☐ at least once a year
☐ less than once a year
☐ never
-
- 50 People in New Zealand have different lifestyles, cultures, and beliefs, that express who they are.
- How easy or hard is it for you to be yourself in New Zealand?
- ☐ Very easy
☐ Easy
☐ Sometimes easy, sometimes hard
☐ Hard
☐ Very hard
-
- 51 This question is about discrimination in New Zealand. Discrimination means being treated unfairly or differently compared to other people.
- Some reasons why people may be discriminated against are because of age, skin colour, way of dress or appearance, race or ethnic group, accent or language spoken, gender, sexual orientation, religious beliefs, disability or health issues, or any other reason.
- In the last 12 months, have you been discriminated against?
- ☐ Yes
☐ No
☐ Don't know



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- 52 What situation or situations were you in when you were discriminated against?
- ☐ In a shop or restaurant
 - ☐ On the street or in a public place
 - ☐ Seeking medical care
 - ☐ Dealing with the police
 - ☐ Trying to get a job
 - ☐ At work
 - ☐ Trying to rent housing
 - ☐ At school
 - ☐ Other - please state: _____
 - ☐ None
- 53 Did you vote in New Zealand's last general election?
- ☐ Yes
 - ☐ No
 - ☐ Not eligible (too young, not a citizen or permanent resident)

Our next questions are about paying for bills:

- 54 Which of these are available here in this dwelling?
- ☐ A cellphone/mobile phone
 - ☐ A telephone / landline
 - ☐ Internet access
 - ☐ None of these
- 55 Do you use appliances at a particular time of day because the price of electricity is cheaper then?
- (For example, "hour of power", turn hot water off, use the washing machine/ dishwasher on a timer, or charge vehicle overnight)?
- ☐ Yes
 - ☐ No
 - ☐ Don't know
- 56 We are trying to understand the energy needs of different households throughout the day. Not counting during COVID-19 isolation or lockdowns, how often is someone normally at home on weekdays between 9am and 2pm?
- ☐ Always
 - ☐ Often
 - ☐ Sometimes
 - ☐ Never
 - ☐ Don't know
- 57 How well does your total household income meet your everyday needs, for such things as accommodation, food, clothing, and other necessities?
- ☐ Not enough money
 - ☐ Only just enough money
 - ☐ Enough money
 - ☐ More than enough money
- 58 In the last 12 months, have you not paid electricity, gas, rates, or water bills on time, because of a shortage of money?
- ☐ Not at all
 - ☐ Once
 - ☐ More than once
- 59 Now a question about your family or whānau.
- I'd like you to think in general about how your family/whānau is doing. Please include all areas of life for your family/whānau. Your family/whānau is the group of people that you think of as your family or whānau.
- Where zero means 'extremely badly' and ten means 'extremely well', how would you rate how your family/whānau is doing these days?
- ☐ 0 Extremely badly
 - ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
 - ☐ 6
 - ☐ 7
 - ☐ 8
 - ☐ 9
 - ☐ 10 Extremely well



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These next questions are about work and education, and crime and trust.

- 60 What is your highest completed qualification?
- ☐ No formal qualifications
 - ☐ NZ School Certificate, NCEA level 1, or equivalent
 - ☐ NZ Sixth Form Certificate, University Entrance, NCEA level 2 or equivalent
 - ☐ Higher school certificate, bursary, NCEA level 3 or equivalent
 - ☐ trade certificate or other non-university post-school qualification
 - ☐ University degree
 - ☐ Don't know
-
- 61 Which of the following best describes your current employment status?
- ☐ Employed full-time (for 30 or more hours per week)
 - ☐ Employed part-time (for fewer than 30 hours per week)
 - ☐ Not in paid employment and looking for work
 - ☐ Not in paid employment and not looking for work (e.g. full-time parent/caregiver, retired person, student, doing volunteer work)
-
- 62 In the last four weeks in your job, how do you feel about your job?
- ☐ Very satisfied
 - ☐ Satisfied
 - ☐ No feeling either way
 - ☐ Dissatisfied
 - ☐ Very dissatisfied
 - ☐ Prefer not to say
-
- 63 Work in the household includes things like cleaning, shopping, preparing meals, and caring for others in your household.
- In the last four weeks how do you feel about this household work?
- ☐ Very satisfied
 - ☐ Satisfied
 - ☐ No feeling either way
 - ☐ Dissatisfied
 - ☐ Very dissatisfied
 - ☐ Prefer not to say
-
- 64 Thinking about crime, how safe or unsafe do you feel walking alone in your neighbourhood after dark?
- ☐ very safe
 - ☐ safe
 - ☐ neither safe nor unsafe
 - ☐ unsafe
 - ☐ very unsafe
-
- 65 On a scale of zero to ten, where zero means 'not at all' and ten means 'completely', in general how much do you trust most people in New Zealand?
- ☐ 0 Not at all
 - ☐ 1
 - ☐ 2
 - ☐ 3
 - ☐ 4
 - ☐ 5
 - ☐ 6
 - ☐ 7
 - ☐ 8
 - ☐ 9
 - ☐ 10 Completely

These last questions tell us a little more about you and your household

- 66 Are you -
- ☐ male
 - ☐ female
 - ☐ another gender

- 67 Which ethnic group or groups do you belong to?
- ☐ New Zealand European
 - ☐ Māori
 - ☐ Samoan
 - ☐ Cook Islands Maori
 - ☐ Tongan
 - ☐ Niuean
 - ☐ Chinese
 - ☐ Indian
 - ☐ other (eg Dutch, Japanese, Tokelauan) - please state: _____
-
- 68 Feel free to specify your iwi and/or hapu:
- _____
-
- 69 How many bedrooms does this house/apartment have? Include any sleepouts furnished as bedrooms in the total.
- _____
-
- 70 Including yourself, how many people usually live in your household?
- _____
-
- 71 Of the people usually living in your household, how many are...
- ☐ Children under 5 years old (please enter number): _____
 - ☐ Children aged 5 to 17 years old (please enter number): _____
-
- 72 Select as many options as you need to show all the ways you or anyone in your household got income in the 12 months ending today
- Don't count loans because they are not income
- ☐ wages, salary, commissions, bonuses, etc, paid by my employer
 - ☐ self-employment, or business I own and work in
 - ☐ interest, dividends, rent, other investments
 - ☐ regular payments from ACC or a private work accident insurer
 - ☐ New Zealand Superannuation or Veteran's Pension
 - ☐ other superannuation, pensions or annuities (other than NZ Superannuation, Veteran's Pension)
 - ☐ other superannuation, pensions or annuities (other than NZ Superannuation, Veteran's Pension or war pensions)
 - ☐ Jobseeker Support
 - ☐ Sole Parent Support
 - ☐ Supported Living Payment
 - ☐ Student Allowance
 - ☐ other government benefits, government income support payments, war pensions, or paid parental leave
 - ☐ other sources of income, counting support payments from people who do not live in my household
 - ☐ no source of income in that time
-
- 73 In the last 12 months, what was your total household income, before tax or anything else was taken out? Please do not count loans as income.
- ☐ Less than \$20,000
 - ☐ \$20,000 - \$40,000
 - ☐ \$40,000 - \$70,000
 - ☐ \$70,000 - \$100,000
 - ☐ \$100,000 - \$150,000
 - ☐ \$150,000 - \$200,000
 - ☐ More than \$200,000

- 74 Do you have any further comments that you would like to share?

Your housing provider has not given us your contact details. Will you share your contact details with our research team?

- 75 Thank you for participating in this project. Would you like us to send you a \$25 supermarket gift card to thank you for your help? If yes, please tell us which giftcard you prefer and provide your name and address below.

- ☐ Countdown
☐ Pak'n'Save
☐ New World
☐ No, thank you

- 76 We would like to find out if your home is warm and dry. Can we send you a small indoor monitor (about the size of a matchbox) that measures room temperature and relative humidity for you to keep in your home?

- ☐ Yes
☐ No

- 77 Can we contact you to invite you to participate in future research?

Ticking 'yes' to this question allows us to contact you in future but does NOT mean you have to agree to participate in any research we invite you to join.

- ☐ No, please don't contact me about this
☐ Yes, you can ask me later about being involved in more research. Please provide best contact details below.

- 78 With your permission, our research team would like to look at the long-term effects of Public Housing on linked government datasets like health, education and employment. If you agree we will add your responses together so that we can compare with government datasets.

- ☐ Yes
☐ No, I don't

I consent to my data being de-identified and linked to Statistics New Zealand's Integrated Data Infrastructure.

- 79 If you said we can contact you again, or if you would like us to send you a gift voucher or monitor, please share your name, address, best phone number, and email with us. Your housing provider has not given us your details.

Name:

Phone:

Address:

Email:



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Support Resources

If this survey raises any issues for you, we have list some resources that might be helpful.

In an Emergency please contact the emergency services. For everyday support, that is not a crisis, please refer to resources below.

Emergency Contact details

For Emergency Services call **111**

For a mental health emergency call **0800 745 477** for the mental health crisis team

For you, your whānau or friends:

Free text or free call **1737** to talk to a trained counsellor or peer support worker at any time

Need someone to talk to? You can phone **0800 111 757** at any time to talk to a trained counsellor on the Depression Helpline

OUTline offers peer support for those in the LGBTQIA+ community on **0800 688 5463**. This service is available for the rainbow community, friends, whānau and those questioning. Available between 6-9pm

OLA LELEI Pacific Helpline is available on **0800 652 535** between 8:30am – 5pm Monday to Friday. Anyone can call this service and the OLA LELEI team speak Samoan, Tongan, Cook Island Māori and English

Wellington Women's Refuge 24 hour crisis helpline is available on **0800 REFUGE** or **0800 733 843**

You can call SHINE for free on **0508 744 633** at any time where they provide support and advice around domestic violence situations

www.Foodbank.co.nz has information on a range of social and food support services across Aotearoa

Community Law New Zealand offer free legal services, you can get help at www.communitylaw.org.nz

MoneyTalks is a free financial helpline for advice and support from trained financial mentors. MoneyTalks can also connect you with services in your community. Monday to Friday 8am to 8pm, Saturday 10am to 2pm. Free phone **0800 345 123** or free text **4029**.

Support for children and young people:

Youthline is available at any time on **0800 37 66 33** or free text on **234**. It provides support for any young person, or anyone who is supporting a young person, in New Zealand.

What's Up provides free phone counselling services on **0800 942 8787**. This service is for anyone between 5 and 18 years old and is available 11am – 11pm

This study has been approved by the University of Otago Human Ethics Committee (Ref 21/115). If you have any concerns about the ethical conduct of the research, you may contact the Committee. Any issues you raise will be treated in confidence and investigated and you will be informed of the outcome.



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Britomart Street Social Housing. Image credit: Studio Pacific Architecture and Andy Spain photography'

Thank you again for giving your time to our research. Your gift card will be mailed to you once we receive your survey.



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